

A woman with long dark hair, wearing a black tank top and red leopard-print leggings, is performing a deadlift in a gym. She is leaning forward, holding a barbell with weights. The background shows gym equipment and large windows with a view of buildings.

FITNESS LOCAL MORTLAKE

REFURBISHMENT

*the dream is
becoming a **REALITY!***

What does this mean?
A new, state-of-the-art health
club in the future!

IN THE SHORT TERM:

- temporary relocation of gym to Concord RSL from Monday 10th of April
 - New group fitness timetable
 - Use of F.I.T Gym in allocated times
- No focus lost on achieving your health and fitness goals