

6 WEEK NEW YEAR STARTER PROGRAM



INCLUDES:

- Personalised health and fitness consultation
- Personalised exercise program
- Unlimited gym access and group classes for 6 weeks
- Weekly personal training session
- Nutritional support and guidance
- Support and motivation to reach your goals!
- Train in a relaxed, non-intimidating environment

from
\$55 m/d

*Terms and conditions apply. Must commence before 28 February 2017. Limited numbers available. See reception for more details

mortlake fitnesslocal
real people • real value • real results

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